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## **STARLINES IMPRESSIONS**

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I'm a veterinarian, originally from Namibia, Africa, and have always had a sense that there is more to life and reality than is immediately apparent. When I discovered Hemi-Sync® eleven years ago, it was with an immediate and dramatic sense of recognition—

THIS was what I'd been searching for! Finally, I'd found a way to explore deeply, free from dogma and irrelevant rituals, the real thing in concentrated form—direct personal experience. This exploration has included attending seven TMI programs before STARLINES, most of them during the last two years, and has taken me on a journey beyond my wildest imaginings, yet simultaneously into a deep appreciation of the simple.

The sum of these experiences has been profoundly life enhancing to a point where I cannot imagine a truly meaningful life without what I've gained. And the journey continues.

“What happened?”

Dumbstruck, my Little Self stares into space, lost for words. “What, in the name of truth, was that? A shift? No way! I know what a shift is; that's what happens when you open up into something larger, something that expands you in a way that adds something of value to who you are. This is different.”

Pondering this thought for a while, I come to realize that the difference is one of magnitude. This time it's not the Little Self who expands into something larger, but rather this time my Little Self finds itself dissolving into something of such magnitude that there's no way that my Little Boundaries can hold it to describe it in any coherent fashion. Okay, hold it right there. “What's going on here?” I ask myself again. What happened that's so different from all the other times? After all, I'm no stranger to this. I know what the deal is when it comes to non-physical explorations with Hemi-Sync; that's a known to me, right? Hmm. Maybe.

I get a kick out of pushing the envelope of my personal boundaries, and TMI programs have a habit of doing just that, differently each time. There are lasting adjustments to my system that are not directed consciously—each one an opportunity for the Greater Self to make changes resulting in an opening up of the Little Self, the personality, Bob's I-Here.

These changes always happen, are always unexpected, significant, and deeply valued, and sometimes they come during the program but more often afterward.

What was so different this time around?

Well, for one, the participants, each one an old-timer. Many of us had been to TMI more than ten times. What an honor to be among these explorers, TMI heavyweights who knew exactly what they were doing and got on with it—no flakiness here. Also, there were many acquaintances from previous programs. We were already bonded, and the result was a group

power surpassing anything I've experienced at TMI. Within just a few hours, rather than the usual few days, we ramped up to full power. We also reset up to Focus 34/35 within less than a day, so in a snap we were chomping at the bit, ready to charge out beyond the realms of the human recycling plant, or Earth Life System (ELS) in Bob's terms.

Second, the process. *STARLINES* did not come about through trial and error. It's no experiment. It's a mission, carefully designed by a highly experienced facilitator under the purposeful direction of high-quality guidance. The result is neatly integrated to keep the left brain busy with all kinds of space age constructs—investigating planets, star clusters, and galaxies, supported by magnificent slide shows stimulating the visual senses—while underneath it all, the personal boundaries are gently and casually stretched in gargantuan steps. The mission is to hold the universe, inner and outer, individually and as a group.

We were going outward to act as "ambassadors" of the ELS within the universal system of conscious physical life, forging connections between the ELS and other systems, and expanding into an active awareness of the depth and size of the entire universe. Parallel to that, we went within to expand into the I-There, the cluster of bonded I-Theres, and the sea of bonded I-There clusters. And finally, striking out even further beyond these expanded states in Focus 49, we passed through an aperture to beyond our universal system of existence. These are long-distance journeys, all right!

Very early on, my own guidance reminded me to maintain a solid, crisp, clear focus for *STARLINES* and to invest myself fully, applying the warrior attitude. This turned out to be good advice. The "G-force" was substantial. The effect of the awesome group power applied to such a mission made for a massively expansive experience. Progressively, the Little Self experiences and dissolves into, rather than observes, the totality of the physical consciousness system, of which the ELS is but a minute fraction, as well as the equally huge expanse of the true Self. The contrast in magnitude is so dramatic that in comparison the Little Self seems to disappear into nothingness.

Finally, as the program drew to a close and we prepared for touchdown, we needed assistance in slowing down and grounding. Thus, we did a *Free Flow* 27, and in comparison, Focus 27 now felt like a quick dash over to the neighbors!

*STARLINES* has an expansive effect, at a minimum. Personally, I see great potential for the program's ongoing effects to result in a progressive loosening of personality attachments. As the now firmly established awareness of the magnitude of reality sinks in, it is transformed into a lived reality—a powerful aid in the spiritual quest.